



American Association of Cardiologists of Indian Origin



2013 - AACIO Newsletter Mar 2013

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Contact Information
Kul Aggarwal, M.D., President

Address:
4012 Newport Court,
Columbia, MO 65203

Phone:
573-862-2296

E-mail:
aggarwalk@health.missouri.edu

AACIO Spring meeting Mar 2013

Venue: California Hornblower Yacht, San Francisco Bay Dinner Cruise, Pier 3
Hornblower Landing, San Francisco CA 94111

10 March 2013
6:00 p.m. – 10:00 p.m.

Co-ordinators: Drs. Ramesh Japra, Akhil Wadhwa and Hemant Dhingra

Symposium Directors: Drs Kul Aggarwal and Navin C.Nanda

Registration is Complimentary. RSVP to Lindy Chapman, phone: 205-934-8256, e-mail:
lindyc@uab.edu

6:00 – 6:25 p.m. Boarding the Yacht and Registration. Yacht will depart from the dock
soon after.

Educational Symposium

6:30 – 6:35 p.m. Introduction. Drs Kul Aggarwal and Navin Nanda

6:35 – 7:05 p.m. VASCEPA® A New Therapy for the Treatment of Severe
Hypertriglyceridemia. Dr. Harold Bays

7:05 – 7:15 p.m. Discussion and Questions from the Audience

7:15 – 7:45 p.m. AACIO Honorees and Young Investigator Awards

7:45 p.m. Dinner (Indian Cuisine)

10:00 p.m. Yacht returns and docks at Pier 3

Faculty

Kul Aggarwal, MD, Professor of Clinical Medicine, University of Missouri and Chief,
Cardiology Section, Harry S. Truman Veterans Hospital, Columbia, Missouri
Harold Bays, MD, Medical Director and President of L-MARC Research Center, Louisville,
Kentucky

Navin C. Nanda, MD, Distinguished Professor of Medicine and Cardiovascular Disease,
Senior Scientist, Minority Health and Research Center and UAB Center for Aging, and
UAB Comprehensive Cardiovascular Center, University of Alabama at Birmingham,
Birmingham, Alabama.

President's Column



Dear Friends and Colleagues,

Welcome to the Spring edition of the AACIO Newsletter. We have thankfully so far avoided going over the fiscal cliff and hope that this year will bring all of you success, happiness and prosperity.

Our last dinner meeting at the time of the AHA was a resounding success in Los Angeles. The scientific program was strong with many distinguished speakers. It was well attended and I would like to thank all of you for making it a success. Our partnership with IMALA (Indian Medical Association of Greater Los Angeles) contributed to the success.

This year, the American College of Cardiology will be meeting in San Francisco. We are putting together another wonderful program and I would like to invite all of you to attend. The details of the program will be posted to the website at www.aacio.org. Your organization continues to gain strength and we are grateful for your continued active participation. We would like to encourage you to reach out to your friends and colleagues and fellows in training to join and participate actively in AACIO.

Fellows-in-training as well as recently graduated fellows are encouraged to submit their Research abstracts for the Young Investigator Awards given out at each meeting.

Our website has been completely re-designed and is more functional and I invite all of you to visit us at www.aacio.org. See you in San Francisco!

Warm Regards,

Kul Aggarwal, M.D.
President



NOTE FROM EDITOR, AACIO NEWSLETTER

AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter. Please send your items for consideration to
Dr. Debasish Roychoudhury, Editor, Email: roychoudhury03@yahoo.com

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AACIO Young Investigator Awards



AACIO Young Investigator Awards – March 2013

Dr. Krishna Ramaswamy Award

Interventional/EP: Radiation Scatter and its Attributes in the Cardiac Catheterization Laboratory. Shikhar Agarwal MD MPH CPH, Akhil Parashar MD, Imran Khan MD, Navkaranbir Singh Bajaj MD, Dhruv Modi MD, Matthew Bunte MD, E Murat Tuzcu MD, Samir R Kapadia MD. Cleveland Clinic, Cleveland, OH

Dr. Madhukar Deshmukh Award

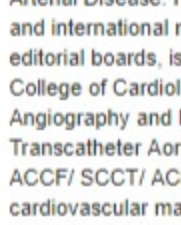
Preventive/Imaging: Potential of Coronary CT Angiography to Optimize Medical Therapy in Patients With Acute Chest Pain: Insights from the Rule Out Myocardial Infarction Using Computer Assisted Tomography (ROMICAT) Trial. Amit K. Pursnani MD, Christopher L. Schlett MD MPH, Parmanand Singh MD, James L. Januzzi Jr. MD, Farouc A. Jaffer MD PhD, Quynh A. Truong MD MPH, and Udo Hoffmann MD MPH. Cardiac MR PET CT Program, Division of Cardiology and Department of Radiology, Massachusetts General Hospital, Harvard Medical School, Boston, Massachusetts

Preventive/Imaging: Saline Contrast Three-Dimensional Echocardiography Is Superior to Two-Dimensional Echocardiography for the Diagnosis of Intrapulmonary Shunt but Similar for Patent Foramen Ovale Detection. Nirmannoh Bhatia, MD, Mohannad Y. Abushora, MD, Marcus F. Stoddard, MD. University of Louisville, Louisville, KY

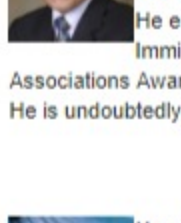
AACIO Honorees



Pradip Kumar Deb, MBBS, MD, is the President of the Cardiological Society of India. He is Chief Cardiologist at the ESI Postgraduate Institute of Medical Research, Kolkata, India. He is also the Secretary General of the SAARC Cardiac Society. He has served as Vice President of the Asian Pacific Society of Cardiology and has been Associate Editor of the Indian Heart Journal. He has many publications to his credit and has lectured widely all over India as well as abroad. He is one of the most well known cardiologists in India. AACIO feels privileged to bestow this honor on Dr. Deb.



Debabrata Mukherjee, M.D., FACC, FSCAI, is the Chief of Cardiovascular Medicine and the Acting Chairman of the Department of Internal Medicine at the Texas Tech University. Prior to this he had held the position of the Gill Foundation Professor of Interventional Cardiology, Professor of Internal Medicine, and the Director of the Cardiac Catheterization Laboratory at the University of the Kentucky and the Director of the Peripheral Interventional Program at the University of Michigan. Dr. Mukherjee received his Internal Medicine training at the Cleveland Clinic Foundation. Subsequently he completed a fellowship in Cardiovascular Medicine and Interventional Cardiology also at the Cleveland Clinic Foundation. Dr. Mukherjee also completed a Masters in Clinical Research (MS) at the University of Michigan and a Certificate in Business Administration at the University Of Kentucky. Dr. Mukherjee has received the American College of Cardiology (ACC) Career Development Grant, the Joseph Cash Memorial Award for excellence in Health outcome research and the Cardiovascular Center McKay Research Grant for Peripheral Arterial Disease. He is a member in the Marquis Directory of Who's Who and has been named as one of the Best Doctors in America for several years. He has been an invited lecturer at several major national and international meetings, has authored over 250 publications, edited fourteen textbooks on cardiovascular diseases and written more than 100 textbook chapters. He presently serves on several journal editorial boards, is the Editor-in-Chief of the Cardiovascular and Hematological Agents in Medicinal Chemistry, The Open Cardiovascular Imaging Journal, Cardiology Reviews and is a member of the American College of Cardiology Interventional Council. In addition to being a long-standing fellow of the American College of Cardiology, he is a fellow of the Society for Vascular Medicine & Biology, Society for Cardiac Angiography and Interventions, and the International College of Angiology. Dr. Mukherjee has coauthored several national guidelines including the 2012 ACCF/AATS/SCAI/STS Expert Consensus Document on Transcatheter Aortic Valve Replacement, the 2011 ACCF/AHA/SCAI Guideline for Percutaneous Coronary Intervention, the ACCF/AHA 2011 expert consensus document on hypertension in the elderly, the ACCF/SCCT/ACR/AHA/ASE/ASNC/NASCI/SCAI/SCMR 2010 Appropriate Use Criteria for Cardiac Computed Tomography and the ACCF/ACR/AHA/NASCI/SCMR 2010 expert consensus document on cardiovascular magnetic resonance.



Ramesh K. Japra, M.D., F.A.C.C. is President of Pacific Cardiology Associates and Publisher & CEO of India Post Newsweekly, India Post T.V. and ValueIndia.com. He is President of the Federation of Indo-Americans of Northern California and Chairman: Hindu Temple and Cultural Center, Fremont, CA. Convener: Festival Of India 1993 to 2012. He has spearheaded numerous fund raising events and camps for disaster victims in Bangladesh and helping the homeless in California. He has been instrumental in creating funding for a Chair in Indian Studies at UC-Berkeley. He earned his medical degree from the prestigious All India Institute of Medical Sciences and his Cardiology fellowship at the Cleveland Clinic. He is recipient of numerous awards including Best Immigrant Award and a Presidential Meritorious Award by a Commission appointed by President George Bush, Award for Outstanding Contribution: National Federation of Indian American Associations Award for Outstanding Contribution and Charismatic Leadership: Federation of Indian American Associations of Southern California, Physician's Recognition Award American Medical Association. He is undoubtedly a visionary leader in his community.



Hemant Dhingra, M.D. is a graduate of Medical College Patiala, India and is an Interventional Nephrologist in Fresno, California. He holds a faculty appointment at UCSF, Fresno. He is Chairman of Triton Corporate Services and President and CEO of MHAA, Inc. He has held several leadership positions with the American Association of Physicians of Indian Origin (AAPI) and is the current Editor-in-Chief of the AAPI Journal and Regional Director, Pacific Region of AAPI and also is the President of the Indian Physician Association of Central California.



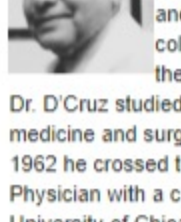
Akhil Wadhwa, M.D. is a very accomplished Engineer and Physician, currently a Senior Physician at the Kaiser Permanente in Fremont, California. He obtained Engineering degrees from the University of Delhi and the University of California Berkeley. He then went on to earn his MD degree from the University of California Davis where he also completed his training in Dermatology and Laser Surgery. He has been nominated to "America's Top Physicians", Consumer's Research Council of America and Elected to "Phi Kappa Phi" Honor Society and to "Alpha Omega Alpha" Honor Society. He is President of the American Association of Physicians of Indian Origin of Northern California. He is a fellow of the American Academy of Dermatology, American Society of Laser Medicine and Surgery and American Society of Cosmetic Dermatology and Aesthetic Surgery. He has many publications and presentations to his credit.



Rajendra Gokhroo, MD, is the current President of the Indian Society of Cardiology. He is a senior Professor and Head of the Post Graduate Department of Cardiology at JLN Medical College, Ajmer, India. He is also Editor of the Indian Journal of Cardiology. He has more than 150 publications to his credit. He has received awards including Distinguished Service award from Dr. APJ Kalam, former President of India.

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Memorium



AACIO Member Ivan D'Cruz, M.D.

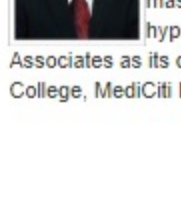
Dr. Ivan Anthony D'Cruz passed away on February 7, 2013 at his home in Memphis, Tennessee. Dr. D'Cruz was honored by AACIO in March 2002 for his "outstanding contributions to AACIO and cardiology". He was associated with AACIO since its earliest days "when it was just a small informal dinner gathering of Indian Cardiologists at AHA and ACC". He regularly wrote a brief column in the AACIO newsletter "dealing with his views and recollections of Indian cardiologists, past and present, here and in the old country". Around 1995 Dr. Navin Nanda, Editor-in-Chief of the Echocardiography Journal, appointed Dr. D'Cruz as Editor of the Imaging Section and he served in this position until his death as well as Senior Associate Editor. As stated in his Obituary, Dr. D'Cruz studied medicine at the T. National Medical College and Nair Hospital (MBBS) and obtained his MD degrees at Bombay University. He excelled at Bombay University and received gold medals in medicine and surgery and left for Britain in 1960 to continue his post graduate training in the U.K., he passed the membership examinations of both the Royal College of Physician of London and Edinburgh. In 1962 he crossed the Atlantic to do a couple of years of cardiology at Cook County Hospital in Chicago, Illinois. In 1964 he returned to Bombay, India and there he was Assistant Hon. Physician and later Hon. Physician with a concomitant evening private practice. Dr. D'Cruz returned to America in 1974 and spent the next 10 years running the Echo Lab at Michael Reese Hospital (Chicago) with faculty position at the University of Chicago. In 1985 he moved to the Medical College of Georgia VA Augusta Institutions as Professor of Medicine. Then in 1994 he moved to Memphis, TN and worked as Professor at the University of Tennessee and the VA Memphis. He continued to work in his field of echocardiography until he retired in 2007. In his career of approximately 50 years, Dr. D'Cruz was an expert and superb clinician. He enjoyed the field of echocardiography immensely. By the time he retired he had written over 200 publications, several chapters and two books: Echocardiographic Diagnosis (1983) and Echocardiographic Anatomy (1996). The Fellowship of the Royal College of Physicians of Edinburgh and of the Royal College of Physicians of London were conferred on him in 1974 and 1985 respectively. Dr. D'Cruz is survived by his wife of 46 years, Maria D'Cruz; daughter Sheila D'Cruz (son-in-law John Cheevers, and granddaughter Ava Cheevers), son Dr. Paul D'Cruz (daughter-in-law Melissa D'Cruz and grandchildren Lucas and Olivia D'Cruz); sister Ena Oliveira and (brother-in-law) Dr. Keith Oliveira. We at AACIO mourn his passing away.

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Members Achievements



Dr. Navin C. Nanda, was honored as an Honorary Fellow, Cardiological Society of India, at their annual meeting in December 2012 in New Delhi. The Indian College of Cardiology recognized him as the "Father of Echocardiography" and that he represents a "global face in the field of echocardiography and grand ambassador for India from USA".



Dr. C. Venkata S. Ram, AACIO member and a former President of AAPI has been conferred the prestigious "PADMASHRI" award by the Government of India for his "distinguished" and "imparticular" services in the field of medicine on the eve of "Republic Day" 2013. Indian government bestows "civilian awards annually to people from various walks of life. PADMA SHRI is considered as one of the highest recognitions in the country. Dr. Ram served in various capacities in AACIO since its founding and in AAPI and he helped AACIO in fund raising and membership. Dr. Ram's professional career as a hypertension expert was in Dallas; he worked for a long time at the University of Texas Southwestern medical school, where he earned a reputation as a master clinician, excellent teacher, and a careful researcher. Along with renowned Dr. Norman Kaplan, he has contributed immensely to our understanding of the pathophysiology and treatment of hypertension. Dr. Ram has published 310 articles and co-authored a book along with Dr. Kaplan. After his tenure at UT Southwestern medical school, Dr. Ram joined Dallas Nephrology Associates as its director of blood pressure institute, medical education, and clinical research, and is now a consultant to DNA. At present, Dr. Ram is serving as the President and C.E.O of MediCiti Medical College, MediCiti Institute of Medical Sciences, and MediCiti group of hospitals, Hyderabad, INDIA. AACIO extends its heartiest congratulations to Dr. Ram for his service.

Future Cardiology/Echocardiography Conferences

NO FEE FOR ECHOCARDIOGRAPHY CONFERENCE SAN FRANCISCO, MARCH 8, 2013

More than 65 super interesting cases by over 65 national and international faculty will be presented

29th Annual International Conference on Recent Advances In Echocardiography And Allied Techniques (MRI, CT Scan, Nuclear), Cosponsored by the International Society of Cardiovascular Ultrasound and the American Association of Cardiologists of Indian Origin

Venue: Holiday Inn Golden Gateway, 1500 Van Ness Avenue, San Francisco, California 94109. Phone: (415) 441-4000. Room: Emerald Ballroom, (Lobby Level)

Date: March 8, 2013

Time: 7:30 a.m. onsite check in and continental breakfast. 8:00 a.m. – 5:00 p.m. Conference. Luncheon will be provided.

Conference Director: Dr. Navin C. Nanda.

CME Credit is not provided for this conference. The International Society of Cardiovascular Ultrasound will provide a certificate of attendance.

To register: Contact Lindy Chapman, office of Dr. Navin C. Nanda, Phone: 205-934-8256, e-mail: lindyc@uab.edu

*****FUTURE CONFERENCES*****

October 17-20, 2013, 26th Annual Conference on 2D, Conventional and Color Doppler Echocardiography, Callaway Gardens Resort, Pine Mountain, Georgia. Conference Director: Navin C. Nanda, M.D., Conference Co-Director: Robert B. Copeland, M.D

November 21-23, World Congress of Echocardiography and Allied Techniques, United Arab Emirates. President: Dr. Galal Elkilany

May 10-11, 2014, XVIII World Congress of Echocardiography and Allied Techniques, Sibiu, Romania. Cosponsored by the Romanian Society of Cardiology. Honorary President: Prof. Dr. Carmen Ghinghina, Executive President, Dr. Ioan Mircea Coman, Secretary: Dr. Bogdan A. Popescu

International Conference of the Israel Heart Society

April 22-23, 2013

The 60th International Conference of the Israel Heart Society in Association with the Israel Society of Cardiothoracic Surgery. To be held at the ICC International Convention Center, Jerusalem, Israel. For more information: www.israelheart.com.

AACIO Website

Please visit our website www.aacio.org to see the latest news of AACIO

And its upcoming events

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Become an AACIO member today!

And be a part of AACIO, the largest community of Cardiologists of Indian Origin

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